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Century Inn



Century Fitness Centre

Here at Century Inn we understand how travelling can often interrupt with your regular fitness routine. That is why we offer our guests a state of the art fitness centre. Open from 6.30am to 9.30pm, you will be able to choose the best time to suit you.

Work Out. Work Well.

Whether you are working on strength development, flexibility enhancement or cardio improvement the Century Fitness Centre will have all the equipment you require. You will be having a challenging, exhilarating workout in no time with the centre featuring a treadmill, fitness bike, rowing machine, dumbbell rack, multi-purpose press machine, weights, skipping ropes, fitness ball and punch bag.

To improve your workout the Century Fitness Centre is fully air-conditioned with studio mirrors on one wall, a complimentary filtered water cooler and two large LCD televisions playing inspiring music clips. It also offers its guests hand towels, hand sanitiser and use of the adjacent bathroom.

... your fitness and well-being is as important to us as it is to you.

Stay Fit. Stay Century Inn.